



Open 10 mile TT

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Course - L1015

Saturday 24th April 2010

Event Organiser/Welfare officer: C. Miller

87 Chester Avenue, Poulton-Le-Fylde, Lancs, FY6 7RZ

Tel 01253 891242

Start: 02:01 pm

Timekeepers : finish - Mr D. Black

Start - Mrs C. Rodway

COMPETITORS PLEASE NOTE

Parking, numbers & results board will all be available on the old road sign posted "SIZERGH CASTLE" on the A590 approx 150 yards South West of roundabout junction with A591. Please do not park in lay-bys on A590 or on old A6. There is ample space at the suggested site.

Please don't forget to sign on at the results board when collecting your number

Please return your number to the results board when you have finished your ride. Unfortunately we cannot provide toilet facilities or refreshments. Have a safe & enjoyable ride.

Prizes – One rider one Prize (except team)

Overall 1 st	£30	1 st Vet on Std	£30	1 st Lady	£15
2 nd	£25	2 nd Vet on Std	£25	1 st Juv	£15
3 rd	£20	3 rd Vet on Std	£20	1 st Jun	£15
4 th	£15	4 th Vet on Std	£15	1 st Team	3 x £10
5 th	£10	5 th Vet on Std	£10		
6 th	£5	6 th Vet on Std	£5		

Course Details L1015

START in lay-by on A590 approximately 500 yards south-west of junction with southbound A6 in line with the three white marks on kerb edge which are 20 yards west of a drainage grate which is 5 yards west of the eastern end of footpath and 25 yards east of a drainage grate almost in line with an SOS telephone point. This mark is directly in line with a wooden fence-post with two angled supports in the hedge and almost in line with a 'Please take your litter home' signs.

Proceed along A590 in a south-westerly direction to encircle roundabout on Lindale by-pass (5.243 miles).

Retrace along the A590 to FINISH in line with metal cover in northern grass verge embossed 'Charlton Ironworks Sheffield' which is approximately 12 yards east of large road sign on slip-road to the A6 approximately 90 yards short of junction of Levens Bridge/Levens Village road (10 miles).

The following Local Regulations have been approved by the national committee in accordance with Regulation 38. Any breaches may lead to disciplinary action being taken.

Local Reg No.5

In ALL events, competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event.

Local Reg No. 6

Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.

Local Reg. No. 10

Course L1015 – warming up on the course is not permitted during the duration of the event.

Local Reg No. 12

No parking on the car park or frontage of the Strickland Arms.

Local Reg No. 15

Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification

WARNINGS

1. Riders must call their numbers at the finish and elsewhere on course if requested.
2. Riders and spectators must NOT STAND in the road at the start or finish. (this constitutes obstruction and is a breach of Regulation)
3. Riders Must NOT ride with their heads down

Helmets - All competitors under the age of 18 and/or JUNIORS must wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognized Standard (see Regulation 15). Cycling Time Trials strongly recommends ALL competitors wear such a helmet

Competitors Machine – Lights: CTT recommends that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use

Cleveleys Road Club 10 Mile TT 24/04/2010 2:01pm Start Order

No.	Name	Cat	Club	Time off
1	Paul Russell	V43	Cleveleys Road Club	2:01 PM
2	Eamonn Quinn	V50	Lakes RC	2:02 PM
3	Lynsey Anderson	SenW	TeamProBikeKit.com	2:03 PM
4	Fred Pickstone	V68	Kent Valley RC	2:04 PM
5	Phil Barnes	V55	Lancaster CC	2:05 PM
6	Graham Waddington	V43	Pendle Forest CC	2:06 PM
7	Warren Jackson	Sen	Macclesfield W hlrs	2:07 PM
8	Ian Jackson	V40	Kent Valley RC	2:08 PM
9	Samuel Jackson	Sen	Cleveleys Road Club	2:09 PM
10	Jason Bateman	Sen	Pendle Forest CC	2:10 PM
11	Matthew Nicholls	Sen	MJS Racing	2:11 PM
12	Dave Turner	Sen	Cleveleys Road Club	2:12 PM
13	Carl King	V41	Warrington RC	2:13 PM
14	Martin Connolly	V50	Border City W hlrs	2:14 PM
15	Paul Johnstone	V40	Preston CC	2:15 PM
16	Andy Horner	V45	Bury Clarion	2:16 PM
17	Steve Wilkinson	V47	Nelson Whlrs	2:17 PM
18	Gordon Johnston	V72	Classic Walls RT	2:18 PM
19	Dara Almond	V40	Cleveleys Road Club	2:19 PM
20	Paul Greenhalgh	V43	ABC Centreville	2:20 PM
21	Stephen Jagger	V50	Border City W hlrs	2:21 PM
22	Lynne Taylor	V W	BornToBike	2:22 PM
23	Julian Monk	V47	Rossendale RC	2:23 PM
24	Stephen Swift	Jun	Cleveleys Road Club	2:24 PM
25	Duncan Orme	Sen	TeamProBikeKit.com	2:25 PM
26	Richard Holmes	Sen	Preston Whlrs	2:26 PM
27	Peter Fitton	V52	Lancashire Road Club	2:27 PM
28	Andrew Mullaney	V45	Cleveleys Road Club	2:28 PM
29	Vicki Holmes	SenW	Preston Whlrs	2:29 PM
30	Chris Anderson	V46	TeamProBikeKit.com	2:30 PM
31	Jose Pinon Shaw	V42	TeamProBikeKit.com	2:31 PM
32	Peter Haywood	V42	Nelson Whlrs	2:32 PM
33	Carole Gandy	V W	BornToBike	2:33 PM
34	Diane Hulbert	V W	Team NCA	2:34 PM
35	Paul Fleming	V44	Preston Whlrs	2:35 PM
36	Gary Tye	V41	Preston CC	2:36 PM
37	Charlotte Wadsworth	V W	Ribble Valley C C	2:37 PM
38	Michael Barlow	V50	Lancaster CC	2:38 PM
39	Michael Cox	V64	North Lancs RC	2:39 PM
40	Ben Williams	Sen	New Brighton CC	2:40 PM

No.	Name	Cat	Club	Time off
41	Keith Turner	V51	Preston Whlrs	2:41 PM
42	Grant Ormerod	Sen	teamwallis-chh	2:42 PM
43	Paul Complin	V62	Pendle Forest CC	2:43 PM
44	Theresa Taylor	V W	Teamwallis chh	2:44 PM
45	Justin McIlveen	Sen	Rhos-on-Sea CC	2:45 PM
46	Paul Kirk	Sen	Drighlington BC	2:46 PM
47	Tim Bennett	V44	Kent Valley RC	2:47 PM
48	Denis Thompson	V59	West Pennine RC	2:48 PM
49	Alistair Hodge	V51	Preston Whlrs	2:49 PM
50	Alexander Royle	Jun	i-ride.co.uk	2:50 PM
51	Laurie Brooking	Jun	HerbalifeWheelbase	2:51 PM
52	Rik Waddon	Sen	Team Dave Mellor Cycles	2:52 PM
53	Stephen Glenwright	V47	VTTA (merseyside)	2:53 PM
54	Peter Haigh	V56	Nelson Whlrs	2:54 PM
55	Scott Burns	Sen	Manchester Whlrs Club	2:55 PM
56	Hugh Carthy	Juv	Science in Sport	2:56 PM
57	Peter Guy	V49	Hartlepool CC	2:57 PM
58	David Logan	V63	Derwentside CC	2:58 PM
59	Susan Cheetham	V W	North Lancs RC	2:59 PM
60	Robin Brennan	V43	Preston CC	3:00 PM
61	Randle Shenton	V52	Team Swift	3:01 PM
62	Noel Fox	V45	Cleveleys Road Club	3:02 PM
63	Stephen Torley	Sen	Team Milton Keynes	3:03 PM
64	Elizabeth Clayton	V W	CC Giro	3:04 PM
65	Paul Warrener	V43	Rossendale RC	3:05 PM
66	Stephen Wilkins	V53	Walsall RCC	3:06 PM
67	Tom Broadbent	Sen	Huddersfield Star Whlrs	3:07 PM
68	Dave Shorrock	V62	Cleveleys Road Club	3:08 PM
69	Christopher Pritchard	V43	Dumfries CC	3:09 PM
70	Scott Westwood	Sen	Walsall RCC	3:10 PM
71	Ian Cox	V40	North Lancs RC	3:11 PM
72	Tim Berry	V49	Preston CC	3:12 PM
73	David McDonough	V48	North Lancs RC	3:13 PM
74	Stephen Clayton	V46	Planet X	3:14 PM
75	Carlo Berton	V46	Border City W hlrs	3:15 PM
76	Simon Phillips	V49	Pendle Forest CC	3:16 PM
77	Dougi Hall	V46	Border City W hlrs	3:17 PM
78	Graham Sheard	V62	North Lancs RC	3:18 PM
79	Bill Smith	V61	Cleveleys Road Club	3:19 PM
80	John Morgan	Sen	Preston Whlrs	3:20 PM
81	George Nowland	V61	Science in Sport	3:21 PM
82	Martyn Uttley	V49	Lakes RC	3:22 PM

Sponsored Clubs - BornToBike - Bridgetown Cycles,NT-tel.com,Hydrop
Team Milton Keynes - Corley Cycles,Trek,Body Limits,Personal.Abbeygate

Have a fast and safe ride